

Fun Filled Fact

Question: What are some of the historical dates and given names of our Church over our 50 year history?

Answer:

March 23, 1965- Church name: Eastern Orthodox Community

signed by:

Gus J. Pappas

Harry Moskos

Peter Proskefalias

October 6, 1969- Church name change to: Greek Orthodox Church

signed by:

Theodore A. Anastasopoulos

John Peter Johnson

January 10, 1974- Church name change to: SS. CONSTANTINE & HELEN GREEK ORTHODOX CHURCH OF HAWAII

signed by:

Theodore A. Anastasopoulos

May 17, 2009- Church name change to: SAINTS CONSTANTINE & HELEN GREEK ORTHODOX CATHEDRAL OF THE PACIFIC

signed by:

Andrew Tujios

Note: *We are looking for your help in offering Fun Facts surrounding our 50th Anniversary Celebration. If you would like to submit a Fun Fact, please e-mail Fr. Alexander your contribution so that he can include it in our weekly bulletin. Please e-mail to: fralexanderleong@yahoo.com.*

Food for Thought and Practice in our Daily Lives

“Confession is the fuel that drives man toward the heavens.”

~ “Crazy John” of Athens, a saintly fool for Christ

To Our Visitors:

We are pleased that you have chosen to worship with us. Just a reminder, however: the Sacrament of Holy Communion is a manifestation of the *unity of the Body of Christ*. As such, only those who are members in spiritual good standing of the Orthodox Church – and who have prepared themselves for the Sacrament – may partake of the Holy Chalice. However, *everyone* is welcome to come up with our people at the end of the service to receive blessed bread. *Please be sure to join us at Coffee Hour following Services.*

Ss Constantine & Helen

Greek Orthodox Cathedral of the Pacific



SAINTS CONSTANTINE & HELEN
GREEK ORTHODOX
CATHEDRAL OF THE PACIFIC

50TH
Anniversary
1965-2015

March 29, 2015

5th Sunday of Great Lent: St. Mary of Egypt

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March 29, 2015

5th Sunday of Great Lent: St. Mary of Egypt

Apolytikia - Entrance Hymns

Tu lithu sfragisthentos (Resurrection Hymn) Tone 1

En si miter akrivos (St. Mary of Egypt) Tone 8

In you, O Mother, is preserved undistorted what was made in the image of God; for taking up the cross, you followed Christ and by example taught, that we should overlook the flesh, since it passes away, and instead look after the soul, since it is immortal. And therefore, O devout your spirit rejoices with the angels.

Tou Stavru Su (Hymn of the Church) Tone 8

Having seen in the sky the form of Your Cross and, like Paul, having received his calling not from men, Your apostle among Kings, Lord, placed his reigning city in Your hand, which forever you guard in peace, by the intercessions of the Theotokos, for You alone love mankind.

Kontakion

Prostasia ton Hristianon Tone 2

O Protection of Christians unshamable, mediation with the Creator immovable, we sinners beg you, do not despise the voices of our prayers, but anticipate, since you are good, and swiftly come unto our aid as we cry out to you with faith: Hurry to intercession, and hasten to supplication, O Theotokos who defend now and ever those who honor you.

Epistle Reading Hebrews 9:11-14

BRETHREN, when Christ appeared as a high priest of the good things that have come, then through the greater and more perfect tent (not made with hands, that is, not of this creation) he entered once for all into the Holy Place, taking not the blood of goats and calves but his own blood, thus securing an eternal redemption. For if the sprinkling of defiled persons with the blood of goats and bulls and with the ashes of a heifer sanctifies for the purification of the flesh, how much more shall the blood of Christ, who through the eternal Spirit offered himself without blemish to God, purify your conscience from dead works to serve the living God.

Gospel Reading Mark 10:32-45

At that time, Jesus taking the twelve again, he began to tell them what was to happen to him, saying, "Behold, we are going up to Jerusalem; and the Son of man will be delivered to the chief priests and the scribes, and they will condemn him to death, and deliver him to the Gentiles; and they will mock him, and spit upon him, and scourge him, and kill him; and after three days he will rise." And James and John, the sons of Zebedee, came forward to him, and said to him, "Teacher, we want you to do for us whatever we ask of you." And he said to them, "What do you want me to do for you?"

And they said to him, "Grant us to sit, one at your right hand and one at your left, in your glory." But Jesus said to them, "You do not know what you are asking. Are you able to drink the cup that I drink, or to be baptized with the baptism with which I am baptized?" And they said to him, "We are able." And Jesus said to them, "The cup that I drink you will drink; and with the baptism with which I am baptized, you will be baptized; but to sit at my right hand or at my left is not mine to grant, but it is for those for whom it has been prepared." And when the ten heard it, they began to be indignant of James and John. And Jesus called them to him and said to them, "You know that those who are supposed to rule over the Gentiles lord it over them, and their great men exercise authority over them. But it shall not be so among you; but whoever would be great among you must be your servant, and whoever would be first among you must be slave of all. For the Son of man also came not to be served but to serve, and to give his life as a ransom for many."

Activities & Announcements

Today

SUN 3/29– St. Mary of Egypt

Announcements

Book Club– Please join us for our Book Club this coming Tuesday, March 31st, from 6:30 to 8 p.m. We will be discussing the wisdom and counsels of Elder Porphyrios, pages 87-112, of Wounded by Love: The Life and Wisdom of Elder Porphyrios.

Holy Week Books– Purchase your Holy Week Book, which includes all services during Holy Week, including Pascha. Greek and English translations are included inside. There is a limited supply at \$30 each. Please see Eres Eddy or the Bookstore.

Holy Week Retreat– Our Sunday School is offering a Holy Week Retreat on Friday, April 3rd, from 9 a.m. to 3 p.m. Come learn about the special love our Lord and Savior Jesus Christ has for us as we come to celebrate Holy Week and Pascha. Many fun and informative activities are planned.

Palm Folding & Detail Cleaning of our Cathedral– Please come and join us on the Saturday of Lazarus, April 4th, following services to help fold palms for Palm Sunday and to help with a detailed cleaning and palm decorating of the interior of our Cathedral.

This Week

TUE 3/31– Book Club 6:30 to 8 p.m.

WED 4/1– Presanctified Liturgy 6 p.m.

THU 4/2– Parish Council Meeting 5:30 p.m.

FRI 4/3– Holy Week Retreat 9 a.m. to 3 p.m.

SAT 4/4– Saturday of Lazarus: Orthros 8:30 a.m., Divine Liturgy 9:30 a.m.; Palm Folding will begin after services.

SUN 4/5: Palm Sunday; Palm Sunday Luncheon; Bridegroom Services 6:30 p.m.