

St. Theophan the Recluse:

Every Christian is chosen.

The Lord chose the apostles, that they should be with Him, and that he might send them forth to preach, and to have power to heal sicknesses, and to cast out devils.

Every Christian is chosen—chosen for similar deeds, namely: to be with the Lord, through unceasing remembrance of Him and awareness of His omnipresence, through the preaching and fulfillment of His commandments, and through a readiness to confess one's faith in Him. In those circles where such a confession is made, it is a loud sermon for all to hear.

Every Christian has the power to heal infirmities—not of others, but his own, and not of the body, but of the soul—that is, sins and sinful habits—and to cast out devils, rejecting evil thoughts sown by them, and extinguishing the excitement of passions enflamed by them.

Do this and you will be an apostle, a fulfiller of what the Lord chose you for, an accomplisher of your calling as messenger. When at first you succeed in all this, then perhaps the Lord will appoint you as a special ambassador—to save others after you have saved yourself; and to help those who are tempted, after you yourself pass through all temptations, and through all experiences in good and evil.

But your job is to work upon yourself: for this you are chosen; the rest is in the hands of God. He who humbles himself shall be exalted.

+ St. Theophan the Recluse, [Thoughts for Each Day of the Year](#)

To Our Visitors:

We are pleased that you have chosen to worship with us. Just a reminder, however: the Sacrament of Holy Communion is a manifestation of the *unity of the Body of Christ*. As such, only those who are members in spiritual good standing of the Orthodox Church – and who have prepared themselves for the Sacrament – may partake of the Holy Chalice. However, *everyone* is welcome to come up with our people at the end of the service to receive blessed bread. *Please be sure to join us at Coffee Hour following Services.*

Ss Constantine & Helen Greek Orthodox Cathedral of the Pacific



November 19, 2017

9th Sunday of Luke

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November 19, 2017

9th Sunday of Luke

Commemoration of: Obadiah the Prophet; Barlaam of Caesarea; Anthimos, Thallalaeos, Christopher, Euphemia & her children, the Martyrs

Apolytikia - Entrance Hymns

Katelas to Stavro (Resurrection Hymn) Tone 7

O Lord by your Cross You abolished death and opened to the thief Paradise. The lamentation of the myrrh-bearers You turned to joy, and You commanded Your Apostles to proclaim that You had risen from the dead, O Christ our God, bestowing upon the world the great mercy. (Translation as sung by the Choir)

Tu Stavru Su (Hymn of the Church) Tone 8

Having seen in the sky the form of Your Cross and, like Paul, having received his calling not from men, Your apostle among Kings, Lord, placed his reigning city in Your hand, which forever you guard in peace, by the intercessions of the Theotokos, for You alone are the lover of mankind. (Translation as sung by the Choir)

Kontakion

O katharotatos Tone 2

Behold the temple of the Savior, His precious bridal chamber. Behold the virginal and sacred vessel of God's glory. Today she enters into the house of the Lord, bearing within her the grace of the Holy Spirit. For this, the angels exclaim: She is indeed the heavenly tabernacle. (Translation by Kevin Lawrence)

Epistle Reading Ephesians 2:14-22

BRETHREN, Christ is our peace, who has made us both one, and has broken down the dividing wall of hostility, by abolishing in his flesh the law of commandments and ordinances, that he might create in himself one new man in place of the two, so making peace, and might reconcile us both to God in one body through the cross, thereby bringing the hostility to an end. And he came and preached peace to you who were far off and peace to those who were near; for through him we both have access in one Spirit to the Father. So then you are no longer strangers and sojourners, but you are fellow citizens with the saints and members of the household of God, built upon the foundation of the apostles and prophets, Christ Jesus himself being the cornerstone, in whom the whole structure is joined together and grows into a holy temple in the Lord; in whom you also are built into it for a dwelling place of God in the Spirit.

Gospel Reading Luke 12:16-21

The Lord said this parable: "The land of a rich man brought forth plentifully; and he thought to himself, 'What shall I do, for I have nowhere to store my crops?' And he said, 'I will do this: I will pull down my barns, and build larger ones; and there I will store all my grain and my goods. And I will say to my soul, 'Soul, you have ample

goods laid up for many years; take your ease, eat, drink, be merry.' But God said to him, 'Fool! This night your soul is required of you; and the things you have prepared, whose will they be?' So is he who lays up treasure for himself, and is not rich toward God." As he said these things, he cried out: "He who has ears to hear, let him hear."

Activities & Announcements

Today

9th Sunday of Luke; 1 Year Memorial for George Vomvoris beloved father of Melissa Vomvoris; Fall General Assembly;

This Week

- ✘ MON, 11/20 – Great Vespers 6:30 p.m.
- ✘ TUE, 11/21 – Entrance of the Theotokos into the Temple: Orthros 8:30 a.m., Divine Liturgy 9:30 a.m.
- ✘ THU, 11/23 – HAPPY THANKSGIVING! Church office closed.
- ✘ FRI, 11/24 — Church office closed.
- ✘ SAT, 11/25 – Maui Services: Orthros 9:30 a.m., Divine Liturgy 10:30 a.m.
- ✘ SUN, 11/26 – 13th Sunday of Luke; Christmas Caroling by our Choir at The Plaza at Punchbowl; Adult Religious Education following caroling? T.B.A.

Upcoming Events

- ✘ **Parish Council Seminar** – Tuesday, November 28, 6 to 7:30 p.m.
- ✘ **Parish Council Elections** – Sunday, December 3, 2017
- ✘ **Epiphany Celebration** - Sunday, January 7, 2018

If you would like to be included in our Parish Christmas Card this year, please see Rhoda Banisihan.

Words of Wisdom from the Holy Fathers

"Some labor and struggle hard to earn forgiveness, but better than these is the man who forgets the wrongs done to him. Forgive quickly and you will be abundantly forgiven. To forget wrongs is to prove oneself truly repentant, but to brood on them and at the same time to imagine one is practicing repentance is to act like the man who is convinced he is running when, in fact, he is fast asleep."

~St. John of the Ladder

"We advance toward humility by means of trials. He who rests on his virtue without suffering tribulation has the door of pride open before him."

~St. Isaac of Syria

"We have put the light burden aside, that is, self-accusation; and we have loaded ourselves with a heavy burden, that is self-justification. Humility and the fear of God are above all virtues."

~ St. John the Dwarf