

- ✘ **Food and Pastries for Sale**– Philoptochos has items available for purchase. Please see details posted on the kitchen door as you reach the top of the social hall stairs.
- ✘ **Moms and the Orthodox Family**- Moms and Grandmothers are welcome to join us for fellowship every Tuesday, 10 a.m. to Noon, unless services are scheduled.
- ✘ **Food and Ancient Christian Faith.** Free workshop with Rita Madden, author of Food Faith and Fasting Sat. Feb. 13, 8am-noon. Holy Theotokos of Iveron Orthodox Church, 845 Queen St. Seating is limited, contact Rita Madden: ritanutrition@gmail.com, ph: 754-8741 to reserve your spot.
- ✘ **FDF in Anaheim February 12th thru 14th**– We wish our Nisiotes Dancers and our Aloha Youth Choir safe travels and a wonderful time as they compete in this year’s Folk Dance and Choral Festival in California. May they especially enjoy fellowship, workshops, worship and connecting with other youth from throughout the Metropolis of San Francisco.



To Our Visitors:

We are pleased that you have chosen to worship with us. Just a reminder, however: the Sacrament of Holy Communion is a manifestation of the *unity of the Body of Christ*. As such, only those who are members in spiritual good standing of the Orthodox Church – and who have prepared themselves for the Sacrament – may partake of the Holy Chalice. However, *everyone* is welcome to come up with our people at the end of the service to receive blessed bread. *Please be sure to join us at Coffee Hour following Services.*

Ss Constantine & Helen Greek Orthodox Cathedral of the Pacific



February 7, 2016
16th Sunday of Matthew

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February 7, 2016

16th Sunday of Matthew

Commemoration of: Parthenios of Lampsakos; Luke the Righteous of Greece; Sabba of Kalymnos

Apolytikia - Entrance Hymns

Here keharitomeni (Entrance of our Lord) Tone 1
Lady full of grace, rejoice, O Virgin Theotokos, for Christ our God, the Sun of righteousness has risen from you and He illumined those in darkness. And you, righteous Elder, be glad in heart, receiving in your embraces the One who liberates our souls and bestows on us the Resurrection.

Effrenestho ta urania (Hymn of the Day) Tone 3

Here keharitomeni (Entrance of our Lord) Tone 1

Tou Stavrou Sou (Hymn of the Church) Tone 8

Having seen in the sky the form of Your Cross and, like Paul, having received his calling not from men, Your apostle among Kings, Lord, placed his reigning city in Your hand, which you guard in peace forever, by the intercessions of the Theotokos, for You alone love mankind.

Kontakion

O mitran parthenikin Tone 1
For our salvation You took flesh and You sanctified the Virgin's womb; You blessed the aged Symeon as You lay resting in his arms; and having come to save us all, O Christ our God, to these troubled times, bring Your lasting peace. Give strong and undaunted faith to all Your people, O only lover of mankind.

Epistle Reading 2nd Corinthians 6:1-10

BRETHREN, working together with him, then, we entreat you not to accept the grace of God in vain. For he says, "At the acceptable time I have listened to you, and helped you on the day of salvation." Behold, now is the acceptable time; behold, now is the day of salvation. We put no obstacle in any one's way, so that no fault may be found with our ministry, but as servants of God we commend ourselves in every way: through great endurance, in afflictions, hardships, calamities, beatings, imprisonments, tumults, labors, watching, hunger; by purity, knowledge, forbearance, kindness, the Holy Spirit, genuine love, truthful speech, and the power of God; with the weapons of righteousness for the right hand and for the left; in honor and dishonor, in ill repute and good repute. We are treated as impostors, and yet are true; as unknown, and yet well known; as dying, and behold we live; as punished, and yet not killed; as sorrowful, yet always rejoicing; as poor, yet making many rich; as having nothing, and yet possessing everything.

Gospel Reading Matthew 25:14-30

The Lord said this parable: "A man going on a journey called his servants and en-

trusted to them his property; to one he gave five talents, to another two, to another one, to each according to his ability. Then he went away. He who had received the five talents went at once and traded with them; and he made five talents more. So also, he who had the two talents made two talents more. But he who had received the one talent went and dug in the ground and hid his master's money. Now after a long time the master of those servants came and settled accounts with them. And he who had received the five talents came forward, bringing five talents more, saying, 'Master, you delivered to me five talents; here I have made five talents more.' His master said to him, 'Well done, good and faithful servant; you have been faithful over a little, I will set you over much; enter into the joy of your master.' And he also who had the two talents came forward, saying, 'Master, you delivered to me two talents; here I have made two talents more.' His master said to him, 'Well done, good and faithful servant; you have been faithful over a little, I will set you over much; enter into the joy of your master.' He also who had received the one talent came forward, saying, 'Master, I knew you to be a hard man, reaping where you did not sow, and gathering where you did not winnow; so I was afraid, and I went and hid your talent in the ground. Here you have what is yours.' But his master answered him, 'You wicked and slothful servant! You knew that I reap where I have not sowed, and gather where I have not winnowed? Then you ought to have invested my money with the bankers, and at my coming I should have received what was my own with interest. So take the talent from him, and give it to him who has the ten talents. For to every one who has will more be given, and he will have abundance; but from him who has not, even what he has will be taken away. And cast the worthless servant into the outer darkness; there men will weep and gnash their teeth.' As he said these things he cried out: "He who has ears to hear, let him hear!"

Today

✦ Sunday, 2/7– 16th Sunday of Matthew; Adult Religious Education with Dr. Robert Arakaki 12 to 12:40 p.m. in the Bookstore; Sunday School Teachers Meeting

This Week

- ✦ Tuesday, 2/9– Moms and the Orthodox Family 10 a.m. to Noon
- ✦ Wednesday, 2/10– St. Haralambos the Priest Martyr: Orthros 8:30 a.m., Divine Liturgy 9:30 a.m.
- ✦ Thursday, 2/11– Trisagion for Helen (Eleni) A. Potts @ Borthwick Mortuary (tentative). Please call Church during the week to confirm time.
- ✦ Friday, 2/12– Funeral Services for Helen (Eleni) A. Potts: Visitation 10 a.m.; Funeral 11 a.m.; Burial at Oahu Cemetery; "May her memory be eternal!"
- ✦ Sunday, 2/14– Triodion begins; Sunday of the Publican and the Pharisee; Adult Religious Education: "Taming the Passions" 12 to 12:40 p.m.

Wisdom from the Holy Fathers

"No one who has received life from the Lord can say that he does not have a single talent—everyone has something, and not just one thing; everyone, therefore, has something with which to trade and make a profit. Do not look around and calculate what others have received, but take a good look at yourself and determine more precisely what lies in you and what you can gain for that which you have, and then act according to this plan without laziness."