

St. Theophan the Recluse:

Every Christian is chosen.

The Lord chose the apostles, that they should be with Him, and that he might send them forth to preach, and to have power to heal sicknesses, and to cast out devils.

Every Christian is chosen—chosen for similar deeds, namely: to be with the Lord, through unceasing remembrance of Him and awareness of His omnipresence, through the preaching and fulfillment of His commandments, and through a readiness to confess one's faith in Him. In those circles where such a confession is made, it is a loud sermon for all to hear.

Every Christian has the power to heal infirmities—not of others, but his own, and not of the body, but of the soul—that is, sins and sinful habits—and to cast out devils, rejecting evil thoughts sown by them, and extinguishing the excitement of passions enflamed by them.

Do this and you will be an apostle, a fulfiller of what the Lord chose you for, an accomplisher of your calling as messenger. When at first you succeed in all this, then perhaps the Lord will appoint you as a special ambassador—to save others after you have saved yourself; and to help those who are tempted, after you yourself pass through all temptations, and through all experiences in good and evil.

But your job is to work upon yourself: for this you are chosen; the rest is in the hands of God. He who humbles himself shall be exalted.

+ St. Theophan the Recluse, [Thoughts for Each Day of the Year](#)

To Our Visitors:

We are pleased that you have chosen to worship with us. Just a reminder, however: the Sacrament of Holy Communion is a manifestation of the *unity of the Body of Christ*. As such, only those who are members in spiritual good standing of the Orthodox Church – and who have prepared themselves for the Sacrament – may partake of the Holy Chalice. However, *everyone* is welcome to come up with our people at the end of the service to receive blessed bread. *Please be sure to join us at Coffee Hour following Services.*

Ss Constantine & Helen Greek Orthodox Cathedral of the Pacific



November 20, 2016
9th Sunday of Luke

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November 20, 2016

9th Sunday of Luke

Commemoration of: Gregory the Righteous of Decopolis;
Prochos, Archbishop of Constantinople

Apolytikia - Entrance Hymns

Ton sinanarhon Logon (Resurrection Hymn) Tone 5

Haran promnisteвете (Fore-Feast of Entrance) Tone 4
*Today righteous Anna solicits joy for us all, * the opposite of pain and sorrow, having brought forth her fruit, * the only evervirgin Maid; * and today in fulfillment of her prayer and her promise, * to the Temple of the Lord she joyfully leads her * who is truly the temple and pure * Mother of God the Word.*

Tu Stavru Su (Hymn of the Church) Tone 8
Having seen in the sky the form of Your Cross and, like Paul, having received his calling not from men, Your apostle among Kings, Lord, placed his reigning city in Your hand, which forever you guard in peace, by the intercessions of the Theotokos, for You alone love mankind.

Kontakion

Efronsinis simeron Tone 4
*On this day the whole wide world is filled completely * with great joy and merriment on the occasion of the feast * of the Theotokos and cries aloud: * "She is the heavenly tabernacle indeed."*

Epistle Reading

Galatians 6:11-18

BRETHREN, see with what large letters I am writing to you with my own hand. It is those who want to make a good showing in the flesh that would compel you to be circumcised, and only in order that they may not be persecuted for the cross of Christ. For even those who receive circumcision do not themselves keep the law, but they desire to have you circumcised that they may glory in your flesh. But far be it from me to glory except in the cross of our Lord Jesus Christ, by which the world has been crucified to me, and I to the world. For neither circumcision counts for anything, nor uncircumcision, but a new creation. Peace and mercy be upon all who walk by this rule, upon the Israel of God. Henceforth let no man trouble me; for I bear on my body the marks of Jesus. The grace of our Lord Jesus Christ be with your spirit, brethren. Amen.

Gospel Reading

Luke 12:16-21

The Lord said this parable: "The land of a rich man brought forth plentifully; and he thought to himself, 'What shall I do, for I have nowhere to store my crops?' And he said, 'I will do this: I will pull down my barns, and build larger ones; and there I will store all my grain and my goods. And I will say to my soul, 'Soul, you have ample

goods laid up for many years; take your ease, eat, drink, be merry.' But God said to him, 'Fool! This night your soul is required of you; and the things you have prepared, whose will they be?' So is he who lays up treasure for himself, and is not rich toward God." As he said these things, he cried out: "He who has ears to hear, let him hear."

Activities & Announcements

Today

9th Sunday of Luke; Fall General Assembly; Honoring Fr. Anatole Lyovin 5 p.m.

This Week

- ✘ MON, 11/21– Entrance of the Theotokos into the Temple: Orthros 8:30 a.m., Divine Liturgy 9:30 a.m.
- ✘ THU, 11/24– HAPPY THANKSGIVING! Akathist of Thanksgiving 12 p.m.; Thanksgiving Luncheon 1 p.m.
- ✘ FRI, 11/25– St. Katherine the Great Martyr: Orthros 8:30 a.m., Divine Liturgy 9:30 a.m.
- ✘ SAT, 11/26– Maui Services: Divine Liturgy 10 a.m.
- ✘ SUN, 11/27– 10th Sunday of Luke; Adult Religious Education 12 to 12:45 p.m. - "Creating a Sacred Space-How to Make an Icon Corner"

Upcoming Events

- ✘ **Thanksgiving Luncheon**– Thursday, November 24, 2016, 1 p.m.
- ✘ **Parish Council Seminar**– Tuesday, November 29, 6 to 7:30 p.m.
- ✘ **Parish Council Elections**– Sunday, December 4, 2016
- ✘ **Epiphany Celebration & Blessing of the Waters** - Sunday, January 8, 2017

Words of Wisdom from the Holy Fathers

"Some labor and struggle hard to earn forgiveness, but better than these is the man who forgets the wrongs done to him. Forgive quickly and you will be abundantly forgiven. To forget wrongs is to prove oneself truly repentant, but to brood on them and at the same time to imagine one is practicing repentance is to act like the man who is convinced he is running when, in fact, he is fast asleep."

~St. John of the Ladder

"We advance toward humility by means of trials. He who rests on his virtue without suffering tribulation has the door of pride open before him."

~St. Isaac of Syria

"We have put the light burden aside, that is, self-accusation; and we have loaded ourselves with a heavy burden, that is self-justification. Humility and the fear of God are above all virtues."

~ St. John the Dwarf