

## Food for Thought

“The bread which you do not use is the bread of the hungry;  
the garment hanging in your wardrobe is the garment of him who is naked;  
the shoes that you do not wear are the shoes of the one who is barefoot;  
the money that you keep locked away is the money of the poor;  
the acts of charity that you do not perform are so many injustices that you commit.”

~St. Basil the Great~

### Activities & Announcements

- ✘ **Fall General Assembly**– Please join us for our Fall General Assembly today following services. Your attendance is very crucial for the “good” of the parish. Sunday School, Greek School and Adult Religious Education will not take place today due to the General Assembly.
- ✘ **Orthodoxy 101**– Thursday, November 7, 6:30 pm. This class/fellowship is especially for newcomers and inquirers of the Orthodox Faith. Please let Fr. Alex know if you are interested in attending.
- ✘ **Synaxis of the Holy Archangels**– Friday, November 8: Divine Liturgy 9 am.
- ✘ **St. Nektarios of Aegina**– Saturday, November 9: Divine Liturgy 9 am.
- ✘ **Byzantine Chant**- Class will not be held Saturday, November 9. Please join us on Saturday, November 16, 5 to 6 pm.
- ✘ **Great Vespers**– No Great Vespers on Saturday, November 9.

### Pearls of Wisdom from the Holy Fathers

*“Trials are of two kinds. Either affliction will test our souls as gold is tried in a furnace, and make trial of us through patience, or the very prosperity of our lives will oftentimes, for many, be itself an occasion of trial and temptation. For it is equally difficult to keep the soul upright and undefeated in the midst of afflictions, as to keep oneself from insolence and pride in prosperity.”*

~St. Basil the Great

*“The first step toward freedom from anger is to keep the lips silent when the heart is stirred; the next, to keep thoughts silent when the soul is upset; the last, to be totally calm when unclean winds are blowing.”*

~St. John Climacus

## Ss Constantine & Helen

Greek Orthodox Cathedral of the Pacific



November 3, 2013

5th Sunday of Luke

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November 3, 2013

5th Sunday of Luke

Commemoration of: Aepsimas the Bishop, Joseph the Presbyter & Aeithalas the Deacon, Martyrs of Persia; Theodore the Confessor; George the Younger

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Apolytikia - Entrance Hymns

*Ote katilthes* (Resurrection Hymn) Tone 2

*Oi Martyres sou Kyrie* (Martyrs of Persia) Tone 4  
*Your Martyrs, O Lord, were worthily awarded by You \* the crowns of incorruption, in that they contested for You our immortal God. \* Since they possessed Your power, they defeated the tyrants, \* dashing the demons' powerless displays of defiance. \* O Christ God, at their fervent entreaties, save our souls.*

*Os ton aihmaloton* (Relics of St. George) Tone 4  
*As the one renowned for setting captives free and for defending those in poverty, the physician of the sick and the champion of emperors, great and victorious Martyr George, intercede with Christ our God, beseeching Him to save our souls.*

*Tou Stavrou Sou* (Hymn of the Church) Tone 8  
*Having seen in the sky the form of Your Cross and, like Paul, having received his calling not from men, Your apostle among Kings, Lord, placed his reigning city in Your hand, which you guard in peace forever, by the intercessions of the Theotokos, for You alone love mankind.*

Kontakion  
*Prostasia ton Christianon* Tone 2  
*Champion of Christians not put to shame, advocate before the Maker always steadfast, do not spurn sinners' voices raised in prayer. In your goodness respond to bring help to us who devoutly petition you. Hasten your intercession and urgently make entreaty; for you unfailingly defend, O Theotokos, those who honor you.*

Epistle Reading 2 Corinthians 11:31-33; 12:1-9

BRETHREN, the God and Father of the Lord Jesus, he who is blessed for ever, knows that I do not lie. At Damascus, the governor under King Aretas guarded the city of Damascus in order to seize me, but I was let down in a basket through a window in the wall, and escaped his hands.

I must boast; there is nothing to be gained by it, but I will go on to visions and revelations of the Lord. I know a man in Christ who fourteen years ago was caught up to the third heaven-whether in the body or out of the body I do not know, God

knows. And I know that this man was caught up into Paradise-whether in the body or out of the body I do not know, God knows-and he heard things that cannot be told, which man may not utter. On behalf of this man I will boast, but on my own behalf I will not boast, except of my weaknesses. Though if I wish to boast, I shall not be a fool, for I shall be speaking the truth. But I refrain from it, so that no one may think more of me than he sees in me or hears from me. And to keep me from being too elated by the abundance of revelations, a thorn was given me in the flesh, a messenger of Satan, to harass me, to keep me from being too elated. Three times I besought the Lord about this, that it should leave me; but he said to me, "My grace is sufficient for you, for my power is made perfect in weakness." I will all the more gladly boast of my weaknesses, that the power of Christ may rest upon me.

Gospel Reading

Luke 16:19-31

The Lord said, "There was a rich man, who was clothed in purple and fine linen and who feasted sumptuously every day. And at his gate lay a poor man named Lazarus, full of sores, who desired to be fed with what fell from the rich man's table; moreover the dogs came and licked his sores. The poor man died and was carried by the angels to Abraham's bosom. The rich man also died and was buried; and in Hades, being in torment, he lifted up his eyes, and saw Abraham far off and Lazarus in his bosom. And he called out, 'Father Abraham, have mercy upon me, and send Lazarus to dip the end of his finger in water and cool my tongue; for I am in anguish in this flame.' But Abraham said, 'Son, remember that you in your lifetime received your good things, and Lazarus in like manner evil things; but now he is comforted here, and you are in anguish. And besides all this, between us and you a great chasm has been fixed, in order that those who would pass from here to you may not be able, and none may cross from there to us.' And he said, 'Then I beg you, father, to send him to my father's house, for I have five brothers, so that he may warn them, lest they also come into this place of torment.' But Abraham said, 'They have Moses, and the prophets; let them hear them.' And he said, 'No, father Abraham; but if some one goes to them from the dead, they will repent.' He said to them, 'If they do not hear Moses and the prophets, neither will they be convinced if some one should rise from the dead.'"

## To Our Visitors:

We are pleased that you have chosen to worship with us. Just a reminder, however: the Sacrament of Holy Communion is a manifestation of the *unity of the Body of Christ*. As such, only those who are members in spiritual good standing of the Orthodox Church – and who have prepared themselves for the Sacrament – may partake of the Holy Chalice. However, *everyone* is welcome to come up with our people at the end of the service to receive blessed bread. *Please be sure to join us at Coffee Hour following Services.*