

St. Theophan the Recluse:

Every Christian is chosen.

The Lord chose the apostles, that they should be with Him, and that he might send them forth to preach, and to have power to heal sicknesses, and to cast out devils.

Every Christian is chosen—chosen for similar deeds, namely: to be with the Lord, through unceasing remembrance of Him and awareness of His omnipresence, through the preaching and fulfillment of His commandments, and through a readiness to confess one's faith in Him. In those circles where such a confession is made, it is a loud sermon for all to hear.

Every Christian has the power to heal infirmities—not of others, but his own, and not of the body, but of the soul—that is, sins and sinful habits—and to cast out devils, rejecting evil thoughts sown by them, and extinguishing the excitement of passions enflamed by them.

Do this and you will be an apostle, a fulfiller of what the Lord chose you for, an accomplisher of your calling as messenger. When at first you succeed in all this, then perhaps the Lord will appoint you as a special ambassador—to save others after you have saved yourself; and to help those who are tempted, after you yourself pass through all temptations, and through all experiences in good and evil.

But your job is to work upon yourself: for this you are chosen; the rest is in the hands of God. He who humbles himself shall be exalted.

+ St. Theophan the Recluse, [Thoughts for Each Day of the Year](#)

To Our Visitors:

We are pleased that you have chosen to worship with us. Just a reminder, however: the Sacrament of Holy Communion is a manifestation of the *unity of the Body of Christ*. As such, only those who are members in spiritual good standing of the Orthodox Church – and who have prepared themselves for the Sacrament – may partake of the Holy Chalice. However, *everyone* is welcome to come up with our people at the end of the service to receive blessed bread. *Please be sure to join us at Coffee Hour following Services.*

Ss Constantine & Helen

Greek Orthodox Cathedral of the Pacific



SAINTS CONSTANTINE & HELEN
GREEK ORTHODOX
CATHEDRAL OF THE PACIFIC

50TH
Anniversary
1965-2015

November 22, 2015

9th Sunday of Luke

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November 22, 2015

9th Sunday of Luke

Commemoration of: Archippus the Apostle; Philemon the Apostle & his wife, Apphia; Onesimos the Disciple of Paul

Apolytikia - Entrance Hymns

Simeron tis evthokias (Ent. of the Theotokos) Tone 4
Today is the prelude of God's good pleasure, and the proclamation of humanity's salvation. In the temple of God, the Virgin is presented openly, and in herself she announces Christ to all. Let us, then, with a great voice cry aloud to her: Rejoice, you are the fulfillment of the Creator's dispensation."

Ex ipsus katilthes (Resurrection Hymn) Tone 8

Tou Stavrou Sou (Hymn of the Church) Tone 8
Having seen in the sky the form of Your Cross and, like Paul, having received his calling not from men, Your apostle among Kings, Lord, placed his reigning city in Your hand, which forever you guard in peace, by the intercessions of the Theotokos, for You alone love mankind.

Kontakion

O katharotatos naos Tone 2
Behold the temple of the Savior, His precious bridal chamber. Behold the virginal and sacred vessel of God's glory. Today she enters into the house of the Lord, bearing within her the grace of the Holy Spirit. For this, the angels proclaim: She is indeed the heavenly tabernacle.

Epistle Reading Ephesians 4:1-7

BRETHREN, I, a prisoner for the Lord, beg you to lead a life worthy of the calling to which you have been called, with all lowliness and meekness, with patience, forbearing one another in love, eager to maintain the unity of the Spirit in the bond of peace. There is one body and one Spirit, just as you were called to the one hope that belongs to your call, one Lord, one faith, one baptism, one God and Father of us all, who is above all and through all and in all. But grace was given to each of us according to the measure of Christ's gift.

Gospel Reading Luke 12:16-21

The Lord said this parable: "The land of a rich man brought forth plentifully; and he thought to himself, 'What shall I do, for I have nowhere to store my crops?' And he said, 'I will do this: I will pull down my barns, and build larger ones; and there I will store all my grain and my goods. And I will say to my soul, 'Soul, you have ample goods laid up for many years; take your ease, eat, drink, be merry.' But God said to him, 'Fool! This night your soul is required of you; and the things you have prepared,

whose will they be?' So is he who lays up treasure for himself, and is not rich toward God." As he said these things, he cried out: "He who has ears to hear, let him hear."

Activities & Announcements

Today

- ✘ **SUN, 11/22**– 9th Sunday of Luke; Adult Religious Education: “Biblical Basis for the Liturgy” with Dr. Robert Arakaki in the Bookstore 12 to 12:40 p.m.
- ✘ We welcome into our midst today the Chancellor of the Orthodox Church of Estonia, Mr. Martin Toon. Perhaps, Mr. Toon can share with us a little information about the Church in Estonia and Its unique challenges and attributes.
- ✘ Share delicious Greek food this holiday season with family and friends. Thanksgiving parties could use a pan of Galactobouriko or Spanakopita pupus to make them extra special. Proceeds help the poor and needy for this Philoptochos fundraiser. Bake Order Forms are upstairs in the Church Social Hall and on the church website. Supplies are limited so order yours today!

This Week

- ✘ **WED, 11/25**– St. Katherine the Great Martyr: Orthros 8:30 a.m., Divine Liturgy 9:30 a.m.
- ✘ **THU, 11/26**– HAPPY THANKSGIVING! Akathist of Thanksgiving 11:30 a.m.; Thanksgiving Luncheon 12 p.m.
- ✘ **SAT, 11/28**– Maui Services: Orthros 9 a.m., Divine Liturgy 10 a.m.
- ✘ **SUN, 11/29**– 13th Sunday of Luke; HC/HC Trustee to visit and give presentation on our Seminary in Brookline, Massachusetts; Caroling at the Plaza 11:30 a.m.

Upcoming Events

- ✘ **Thanksgiving Luncheon**– Thursday, November 26, 2015, 12 p.m.
- ✘ **Parish Council Elections**– Sunday, December 6, 2015.

Words of Wisdom from the Holy Fathers

“Some labor and struggle hard to earn forgiveness, but better than these is the man who forgets the wrongs done to him. Forgive quickly and you will be abundantly forgiven. To forget wrongs is to prove oneself truly repentant, but to brood on them and at the same time to imagine one is practicing repentance is to act like the man who is convinced he is running when, in fact, he is fast asleep.”

~St. John of the Ladder

“We advance toward humility by means of trials. He who rests on his virtue without suffering tribulation has the door of pride open before him.”

~St. Isaac of Syria