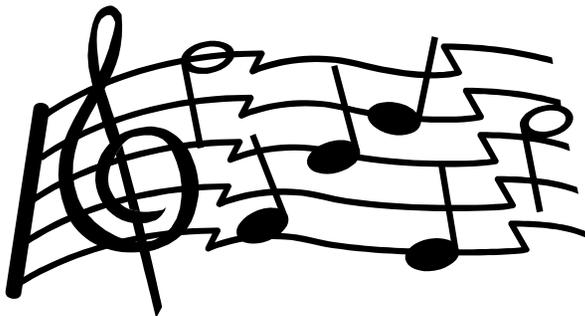


MUSIC IS A TREASURE OF OUR CHURCH

It has been said that worship in our Church is experienced by all of our senses. Our eyes take in the magnificent splendor that the holy icons present to us. We “taste the Fountain of Immortality” when we receive the Body and blood of Christ in the Holy Eucharist. The sweet smell of incense causes us to reflect upon our prayers rising heavenward. The gentle touch of our priest in blessing or anointing bestows the grace of God upon us.

It is the “sounds” of worship, however, that are our greatest inspiration when we come to God’s Holy Temple. Our Church possesses a rich tradition of liturgical music. The origin of our hymns date back to the early centuries of Church History, when men such as St. Cosmas, St. John of Damascus, St. Sophronios and St. Romanos composed volumes of liturgical works. Through the years, every ethnic group has developed its own style of chant, each unique and beautiful in its own way. Modern day liturgical musicians have labored tirelessly to adapt these melodies to the English language.

While we all may have our particular preference in liturgical music, we would all agree that when we join our voices in song, it matters little whether it in the haunting melodies of Byzantine Chant or in the magnificent choral masterpieces associated with churches of our own background. Our songs of praise are, indeed, pleasing, not only to our ears, but to God’s as well!



Ss Constantine & Helen

Greek Orthodox Cathedral of the Pacific



SAINTS CONSTANTINE & HELEN
GREEK ORTHODOX
CATHEDRAL OF THE PACIFIC

50TH
Anniversary
1965-2015

October 11, 2015

Sunday of the 7th Ecumenical Council

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October 11, 2015

Sunday of the 7th Ecumenical Council

Commemoration of: Philip the Apostle of the 70, one of the 7 Deacons:
Theophanes the Confessor, Bishop of Nicaea

Apolytikia - Entrance Hymns

Ote katilthes (Resurrection Hymn) Tone 2

Iperthethoxamenos I (Holy Fathers) Tone 8

Supremely blessed are You, O Christ our God. You established the holy Fathers upon the earth as beacons, and through them You have guided us all to the true Faith, O greatly merciful One, glory be to You.

Tou Stavrou Sou (Hymn of the Church) Tone 8

Having seen in the sky the form of Your Cross, and like Paul having received his calling not from men, Your apostle among kings, Lord, placed his reigning city in Your hand, which forever You guard in peace, by the intercessions of the Theotokos, for You alone are the lover of mankind.

Kontakion

Prostasia ton Hristianon Tone 2

O Protection of Christians that cannot be put to shame, mediation to the Creator immovable. Do not overlook, the pleading voices of those in sin, but be in time as a kind one to our help, who in faith cry out to You: Hasten to intercede, and be quick to beseech, You who always protect, Theotokos, those who honor You.

Epistle Reading Titus 3:8-15

TITUS, my son, the saying is sure. I desire you to insist on these things, so that those who have believed in God may be careful to apply themselves to good deeds; these are excellent and profitable to men. But avoid stupid controversies, genealogies, dissensions, and quarrels over the law, for they are unprofitable and futile. As for a man who is factious, after admonishing him once or twice, have nothing more to do with him, knowing that such a person is perverted and sinful; he is self-condemned. When I send Artemas or Tychicos to you, do your best to come to me at Nicopolis, for I have decided to spend the winter there. Do your best to speed Zenas the lawyer and Apollos on their way; see that they lack nothing. And let our people learn to apply themselves to good deeds, so as to help cases of urgent need, and not to be unfruitful. All who are with me send greeting to you. Greet those who love us in the faith.

Grace be with you all. Amen.

Gospel Reading

Luke 8:5-15

The Lord said this parable: "A sower went out to sow his seed; and as he sowed, some fell along the path, and was trodden under foot, and the birds of the air devoured it. And some fell on the rock; and as it grew up, it withered away, because it had no moisture. And some fell among thorns; and the thorns grew with it and choked it. And some fell into good soil and grew, and yielded a hundredfold." And when his disciples asked him what this parable meant, he said, "To you it has been given to know the secrets of the kingdom of God; but for others they are in parables, so that seeing they may not see, and hearing they may not understand. Now the parable is this: The seed is the word of God. The ones along the path are those who have heard; then the devil comes and takes away the word from their hearts, that they may not believe and be saved. And the ones on the rock are those who, when they hear the word, receive it with joy; but these have no root, they believe for a while and in time of temptation fall away. And as for what fell among the thorns, they are those who hear, but as they go on their way they are choked by the cares and riches and pleasures of life, and their fruit does not mature. And as for that in the good soil, they are those who, hearing the word, hold it fast in an honest and good heart, and bring forth fruit with patience." As he said these things, he cried out "He who has ears to hear, let him hear.

Activities & Announcements

Today

Sunday of the 7th Ecumenical Council; Philoptochos Meeting 12 p.m.; Adult Religious Education– Biblical Studies for Tradition by Dr. Robert Arakaki 12 to 12:40 p.m., in the Bookstore

This Week

SUN, 10/18– St. Luke; Adult Religious Education– "Honoring the Liturgical Cycle" with Fr. Alexander 12 to 12:40 p.m., in the Bookstore; Youth Bowling @ Fort Shafter Bowling Center– 1:30 to 3:30 p.m.

Wisdom of the Holy Fathers

"Strictness toward our neighbor is dangerous. The strict can progress to a certain point only, and they remain merely at the level of physical abstinence. One must be kind, meek, and merciful in one's relationships with people."

To Our Visitors:

We are pleased that you have chosen to worship with us. Just a reminder, however: the Sacrament of Holy Communion is a manifestation of the *unity of the Body of Christ*. As such, only those who are members in spiritual good standing of the Orthodox Church – and who have prepared themselves for the Sacrament – may partake of the Holy Chalice. However, *everyone* is welcome to come up with our people at the end of the service to receive blessed bread. *Please be sure to join us at Coffee Hour following Services.*